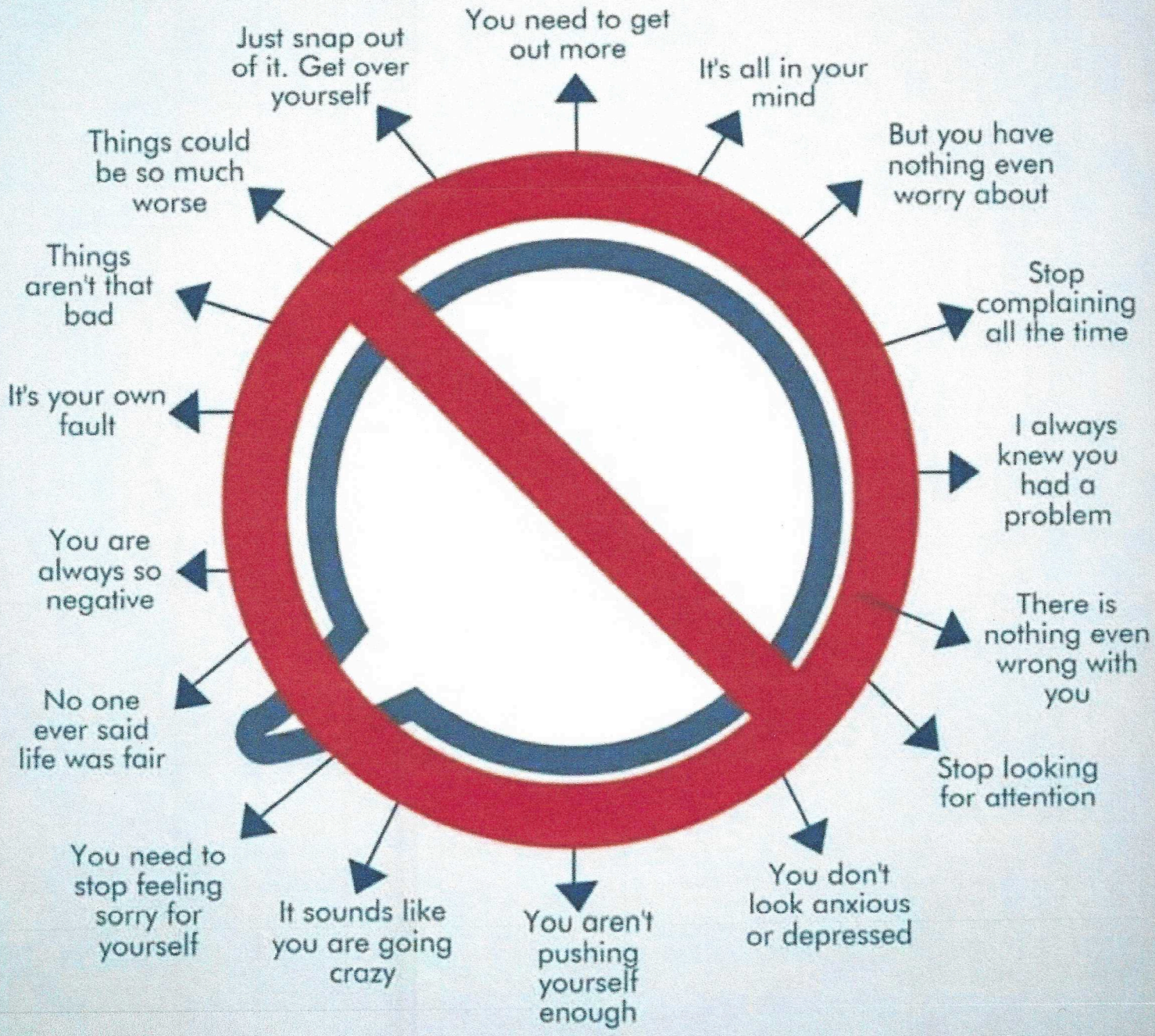
WHAT NOT TO SAY TO A FRIEND EXPERIENCING A MENTAL HEALTH PROBLEM

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